Mikie Swier

From: Mikie Swier <mswier@yahoo.com>
Sent: Sunday, September 06, 2015 8:54 PM
To: Mike Swier (mswier@yahoo.com)

Subject: BtG WRR PR/media

Attachments: WalkRunRide Flyer.pdf; BtG-WRR Invitation.pdf; Registration is Open for Bridge The Gap

2015!

<u>The Bridge Youth and Family Services</u> will be having its 7th annual Bridge the Gap on Saturday, September 26th 2015 at <u>Palatine's Community Consolidated School District 15 Building</u>, 580 N. 1st Bank Drive, Palatine IL 60067.

This year, <u>The Bridge Youth and Family Services</u> is celebrating 50 years of service to our community through counseling, crisis intervention, mentoring, and prevention services provided to youth and their families in an effort to help them achieve social and emotional health.

On September 26th, The Bridge will host <u>Bridge the Gap</u>, an event that has grown over the years from a walk to a walk-run, and now to a walk-run-bike. In an effort to make this an event for the community to enjoy and learn more about our services, we are now including a "Family Fun" aspect after the walk-run-ride that will include lunch for participants, mini massages, face painting, games, music, and information about mental and physical health for all ages.

We would like to invite you to <u>Bridge the Gap Walk/Run/Ride and Family Fun Fest</u>. This will be a great event w/ your choice of a 5k Walk or Run or a ~7.6 mile Ride.

After that bit of exercise we will have our first Family Fun Fest. We will have food, music and other kinds of entertainment for kids and adults alike.

The Bridge is a great organization and Bridge the Gap helps build the bridges between the gaps in our community.

Please see attached for additional information. For example build a team and see if you can one of the contests...can you bring the biggest team ©.

One last thing, we hope you build a team and we see on Saturday, 9/26 at Bridge the Gap.

Thank you for your consideration and time. Please contact us with any questions at 847-485-3085 or tgoodwin@bridgeyouth.org; mswier@yahoo.com. We look forward to seeing you!

Thank you

Mikie Swier Bridge Volunteer and Bridge the Gap Chair 630-473-8183 mswier@yahoo.com